

DOG TREAT RECIPES

HOMEMADE EASY & HEALTHY



Spencer & Bella
MY PET'S HEALTH

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Introduction



Homemade dog treats are the purr-fect way to show your pup how much you love them.

Making your own treats allows you complete control over the ingredients. They don't contain added preservatives, fats, and chemicals that regular store-bought treats contain.

Making homemade treats is not only easy and affordable but you know your dog is only getting the best ingredients possible.

We hope your dog loves these recipes.

Terri Elliott

Chief Dog Baker

Puppy Treats

These treats are perfect for your new puppy.

Ingredients:

- 2/3 cups wheat germ
- 1/4 cup nonfat dry milk
- two 4-oz jars beef-flavored or chicken-flavored baby food



Directions:

1. Preheat oven to 350 degrees.
2. Position the rack in the center of the oven.
3. Use an ungreased baking tray.
4. In a medium bowl, using a large fork, blend the wheat germ and dry milk.
5. Work in the baby food until it makes a soft dough.
6. Pinch off small pieces of the dough about the size of a grape and roll them between your floured hands to form small balls.
7. Place each ball about 1/2-inch apart on baking tray and flatten the ball with the back of the fork.
8. Bake for about 25-30 minutes or until the cookies feel hard to the touch.
9. Remove from the oven and cool on a wire rack.
10. Allow to air-dry for at least 3 hours before placing them in a container with a loose-fitting cover.

* Some dogs may be sensitive to dairy products.

Peanut Butter Oatmeal Cookies



What dog doesn't love peanut butter? Just make sure to read the label as some peanut butters include xylitol which is harmful to your pet.

This has been my go-to treat recipe for years and there is always a big jar of these cookies in my kitchen.

Ingredients:

- 3 cups whole wheat flour
- 1/2 cup uncooked rolled oats
- 2 teaspoons baking powder
- 1-1/2 cups milk, at room temperature. We prefer skim milk
- 1 tablespoon molasses
- 1-1/4 cups creamy-style peanut butter
- 1/4 cup chicken broth

Directions:

1. Preheat oven to 375 degrees.
2. Position the rack in the center of the oven.
3. Lightly grease or use parchment paper to line two cookie sheets or baking trays.
4. In a medium bowl combine the flour, rolled oats and baking powder.
5. In a large bowl or electric mixer mix on medium speed, beat the milk, molasses and peanut butter until smooth. Stir in chicken broth.
6. Using a large spoon or spatula combine the dry ingredients into the larger bowl. Mix until the mixture pulls away from the sides of the bowl and forms a soft dough.

*If the mixture seems a bit dry, add a little more broth, a tablespoon at a time.

7. Lightly flour a flat surface with the whole wheat flour and using a rolling pin, roll out to 1/4-inch thickness. Use a cookie cutter or a butter knife to cut into the size of cookie you prefer. Rework dough scraps and continue cutting.
8. Place the cookies side-by-side on the prepared cookie sheets or baking trays.
9. Bake for 20 to 25 minutes or until the cookies appear very dry and the edges are light golden brown.
10. Remove the trays from the oven and cool to room temperature.
11. Turn off the oven.
12. When the cookies have cooled completely, put all of them on a single baking tray and return them to the cooled oven. Leave them undisturbed, without opening the oven door for 8 hours. This removes any moisture left in the treats.

* Some dogs may be sensitive to dairy products.

Salmon and Tuna Dog Treats

Ingredients

- 14 ounces Salmon (1 can) undrained
- 7 ounces Tuna in Water (1 small can) undrained
- 4 Eggs (beaten)
- 2 cups Whole Wheat Flour



Directions:

1. Pre-heat oven to 350 degrees.
2. Lightly grease a 12-inch x 16-inch baking pan.
3. In a medium bowl, combine the salmon and tuna.
4. Beat the eggs and add them to the bowl.
5. Add the flour to the bowl.
6. Stir well to thoroughly combine all the ingredients.
7. Spread evenly in the greased baking pan.
8. Bake for 40 minutes and cool briefly.
9. Cut into 1/2-inch squares.

Cheesy Chicken Dog Treats

Ingredients

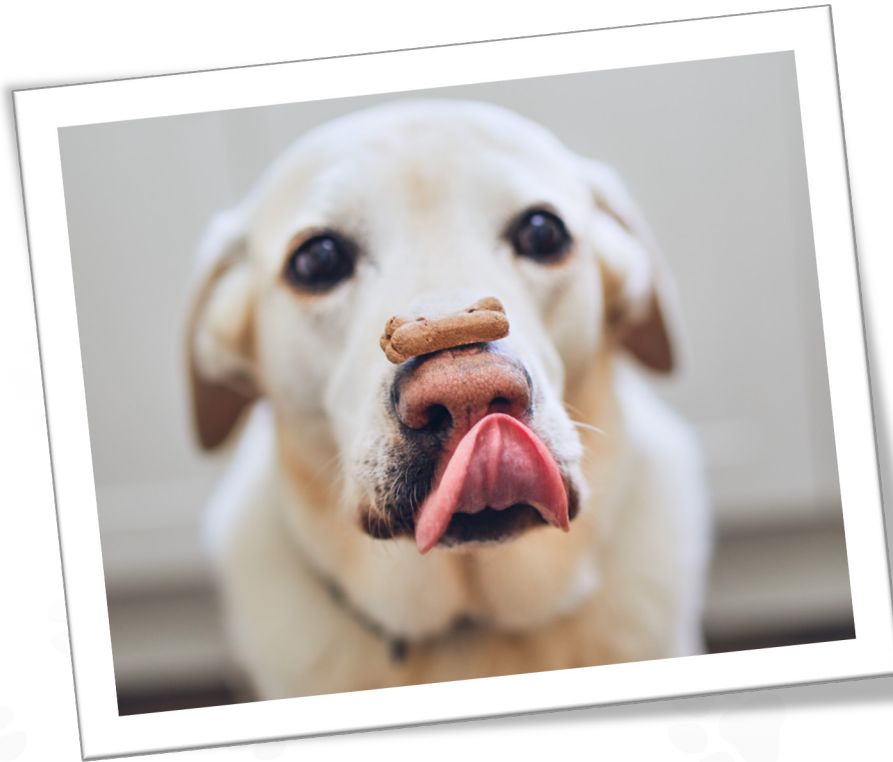
- 1-1/2 cups shredded, cooked chicken
- 3/4 cup chicken broth, divided
- 1/2 cup shredded cheese
- 1 cup whole wheat flour
- 1 cup all-purpose flour



Directions:

1. Preheat oven to 350 degrees.
2. Grease two cookie sheets.
3. Boil skinless, boneless chicken to done; cut into pieces.
4. Put chicken into blender and blend to baby food consistency. Add broth as needed.
5. Combine all ingredients in a large bowl.
6. Mix all ingredients then turn out dough on floured surface.
7. Roll dough to 1/4-inch thickness.
8. Cut dough into shapes; rework dough scraps and continue cutting.
9. Place all treats onto cookie sheets, so treats are not touching.
10. Bake for 30 minutes.
11. Remove from oven and cool completely before serving.
12. Treats can be refrigerated for 3-5 days or frozen for longer storage

Pumpkin Dog Treats

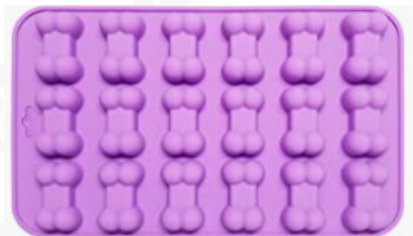


Pumpkin is a natural source of fiber. Cooked and mashed pumpkin with no added salt can help settle down an upset stomach, improve digestion, reduce anal gland problems, prevent hairball build up and help dogs and cats with both constipation and diarrhea.

Ingredients:

Makes 10 large or 18 small treats (silicone tray I use)

- 3/4 Cup Coconut Oil
- 1/3 Cup 100% Pumpkin Puree
- 2 Tablespoons Ground Ginger



Directions:

1. Place the coconut oil in a saucepan and heat on low until the coconut oil is fully melted.
2. Stir in the pumpkin mixture and mix well so the oil takes on an orangish tint and absorbs some of the pumpkin flavor.
3. Place your paw silicone mold on a baking tray. This prevents the mixture from spilling out when you pick it up.
4. Put a pinch of ginger in each paw of the mold.
5. Spoon the pumpkin into each mold, making sure to fill the mold almost to the top.
6. Place in the freezer for an hour.
7. Once the treats are solid, they are ready to serve.
8. Store in an airtight container in the freezer.

I guarantee even the pickiest pups will love this healthy and simple pumpkin treat.



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